

SAN DIEGO BRAZILIAN JIU-JITSU.COM

An established school of learning which utilizes the martial arts as a vehicle to teach
end aid in the development of everyone.



ENROLLMENT CARD

- | | | |
|-------------------------------------|------------------------------------|--|
| <input type="checkbox"/> NEW MEMBER | <input type="checkbox"/> Jiu-Jitsu | <input type="checkbox"/> MMA |
| <input type="checkbox"/> UP-DATE | <input type="checkbox"/> Judo | <input type="checkbox"/> Cardio Boxing |
| <input type="checkbox"/> Try-out | <input type="checkbox"/> Muay Thai | |
| <input type="checkbox"/> Other | <input type="checkbox"/> Nogi | |

MEMBER'S NAME:

FIRST NAME

MIDDLE NAME

LAST NAME

ADDRESS:

STREET ADDRESS

CITY

STATE

ZIP CODE

CELL PHONE: ()

DATE OF BIRTH: / /

PARENT(S) NAMES: (if under 18)

EMERGENCY PHONE: ()

E-MAIL:

HOW DID YOU HEAR ABOUT US?

PREVIOUS EXPERIENCE: NO YES (school, style & years)

WHAT ARE THE BENEFITS YOU LOOK TO GAIN FROM THIS TRAINING?

- SPORT AND FITNESS SELF-DEFENSE CARDIOVASCULAR STRENGTH BREATHING FLEXIBILITY FRIENDSHIP
 SELF-DISCIPLINE FOCUS SELF-CONFIDENCE LEADERSHIP CALMNESS FAIRNESS SOCIAL SKILLS POWER

HEALTH CONDITION:

HOSPITALIZED IN THE PAST THREE YEARS? YES NO IF YES, PLEASE EXPLAIN:

ANY TYPE OF ALLERGIES? YES NO IF YES, PLEASE EXPLAIN:

ANY PHYSICAL AND/OR MENTAL CONDITIONS? YES NO

LIST ANY AND ALL PHYSICAL/MENTAL CONDITIONS AND/OR PROBLEMS, INCLUDING, BUT NOT LIMITED TO: EPILEPSY, DIABETES, HIGH BLOOD PRESSURE, HEART CONDITION, HEMOPHILIA, T.B., ASTHMA, HERNIA, KIDNEY AND LIVER DISORDERS, UPPER AND LOWER GASTROINTESTINAL DISORDERS, ETC... IF YES, PLEASE EXPLAIN:

ANY MEDICATIONS? YES NO IF YES, PLEASE EXPLAIN:

To the best of my knowledge, all of the above information is true. Today's Date:

MEMBER:

SIGNATURE

PARENT:

SIGNATURE (IF MEMBER IS UNDER 18)